

Communication for Success - Motivational Interviewing in Action

2.5 CPD Hours

Course Synopsis

A relaxed, informative and interactive workshop highlighting the fundamental strategies that support the practice of motivational interviewing (MI). This course will assist in understanding the rational, process and strategy that underpin the stages of MI. Global evidence has demonstrated positive clinical outcomes in MI, even in brief interventions, via counselling, support and evocation.

This course will guide you through the steps towards successful communication with your patients and provide examples and strategies to implement MI as part of your routine practice to support patients towards optimal oral health.



Course Topics

The workshop will cover the following areas in detail:

Understanding change management:

- Ambivalence – what is it and how can I work with it?
- Readiness Ruler
- Collaborate and empathise
- Show & tell – examination tools
- Nurture patient optimism and expertise

The motivational interviewing spirit:

- Working as partners with your patient
- Practicing OARS leading to successful & effective communication

Identify strategies that motivate change:

- Resist the need to lead or correct
- Enable autonomy, collaboration & evocation
- Clarify goals
- Affirm change talk
- Summarise and plan

Learning Outcomes

Participants attending this workshop will explore and discuss the principles of motivational interviewing for the purpose of having a successful conversation towards changing behaviour. Attendees will gain an understanding of positive communication that will encourage and support their patient's autonomy in their own decision to initiate change towards improved oral and holistic health benefits.

This method may be used in routine dental practice to modify and improve the patient's risk profile.

Register online: www.henryschein.com.au/education

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Jane Rossi

Jane Rossi is an oral health senior lecturer and scientific liaison. She has worked as a program leader and convenor of the Advanced Diploma of Oral Health (Dental Hygiene) at TAFE SA.

She held a lecturing position at the University of Adelaide (Bachelor of Oral Health) co-ordinating Clinical Practice and Dental Health Science and lecturing in Human Biology.

Jane has been a member on three Bachelor of Oral Health accreditation teams for the Australian Dental Council and has represented the Australian Dental Hygiene Association as state and national president.

She has worked on many professional committees in the pursuance of oral health curriculum, education and training and industry business. Jane is a registered Dental Hygienist and has the following professional qualifications: Dental Hygiene, Degree in Adult and Vocational Education, Diploma in Management and Training and Assessment.

Date & Location

South Australia

Tuesday 20 June 2017

311 Unley Road
Malvern SA 5061

2.5 CPD Hours **Cost: \$60**

Seminar Agenda:

6:00-6:30pm – Registration and light refreshments

6:30-9:00pm – Seminar

Registration Enquiries

Phone: 1300 302 421

Email: events@henryschein.com.au

Register online: www.henryschein.com.au/education